

Become a world class public speaker

By the end of the training, the participant will be able to:

- Evaluate his personal speaking skills
- Understand the effect he has on others
- Succeed in different types of oral communication
- Use breathing and relaxation techniques
- Play with his voice and facial expressions
- Use and manage silence efficiently
- Control his attitude and stance
- Project himself
- Develop his strengths and minimize his weaknesses

For whom?

Everyone who wants to deliver an outstanding speech in English

Prerequisites

This training does not require any prior qualification or experience

Training period – 2 days – 14 hours

Training in presence / Keynote at distance

Trainer profile

Behavioral and communication expert

Training program

- Communication style and image self- diagnosis

- Speech preparation: the audience, the core message, objectives, call to action
- Content and form
- Verbal and non- verbal language
- Posture, movement and behaviour
- Emotional connection
- Storytelling
- Stage-frights mastery

Learning assessment

Quiz – Role Play with an evaluation form

Learning by playing, original and interactive « Playing & suggesting, acting differently »

Games-Exercises-Case studies -Role Play-Videos- debate-group debriefing

Slideshow projection

Tools

Power posture - Verbal and non-verbal language – 6 questions – 4 C rules – stage-fright tools